

## بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

These are adhkār to be read on the Day of `Arafah, compiled by Ḥabīb Muḥammad al-Haddār (may Allah have mercy upon him), the teacher of Ḥabīb `Umar bin Ḥafīz.

- Recite Sūrat al-Ḥashr (59)
- Then read:

اللَّهُمَّ إِنِّي أُقَدِّمُ إِلَيْكَ بَيْنَ يَدَيْ كُلِّ نَفْسٍ وَلَمَحَةٍ وَلَحْظَةٍ وَخَطَرَةٍ وَطَرْفَةٍ يَطْرِفُ بِهَا  
أَهْلُ السَّمَوَاتِ وَالْأَرْضِ ، وَكُلِّ شَيْءٍ هُوَ فِي عِلْمِكَ كَائِنٌ أَوْ قَدْ كَانَ ، أُقَدِّمُ إِلَيْكَ  
بَيْنَ يَدَيْ ذَلِكَ كُلِّهِ ..

O Allah I present to You in front of every breath, every second, every instant, every thought, every blinking of the eye of the peoples of the heavens and the earth, and everything which is existent in Your knowledge or was existent, I present to You in front of all of this..

- Recite Sūrat al-Ikhlāṣ 1000 times if possible or 100 times (or any other amount).
- Recite Sūrat al-Fātiḥah 100 times (or any other amount)
- Recite the following 1000 times if possible or 100 times (or any other amount):

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

There is no deity save Allah alone. He has no partners. To Him belongs the dominion and all praise. He has power over all things.

Finish with:

فِي كُلِّ لَحْظَةٍ أَبَدًا ، عَدَدَ خَلْقِهِ ، وَرِضَى نَفْسِهِ ، وَزَنَةَ عَرْشِهِ ، وَمِدَادَ كَلِمَاتِهِ .

In every instant forever equal to the number of His created things, to His satisfaction, to the weight of His throne and the amount of ink used by His words.

- Read the following 100 times (or any other amount):

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ، كَمَا صَلَّيْتَ عَلَى إِبْرَاهِيمَ وَعَلَى آلِ  
إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ مَجِيدٌ وَعَلَيْنَا مَعَهُمْ؛

O Allah, bestow prayers upon Muhammad and the Family of Muhammad just as You have bestowed prayers upon Ibrāhīm and the Family of Ibrāhīm, truly You are the Praiseworthy, the Glorious, and upon us with them.

Finish with:

فِي كُلِّ لَحْظَةٍ أَبَدًا ، عَدَدَ خَلْقِهِ، وَرَضَى نَفْسِهِ، وَزِنَةَ عَرْشِهِ، وَمِدَادَ كَلِمَاتِهِ .

In every instant forever equal to the number of His created things, to His satisfaction, to the weight of His throne and the amount of ink used by His words.

- Read the following 100 times (or any other amount):

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ ، بِيَدِهِ الْخَيْرُ ، وَهُوَ عَلَى  
كُلِّ شَيْءٍ قَدِيرٌ

There is no deity save Allah alone. He has no partners. To Him belongs the dominion and all praise. All good is in His hands. He has power over all things.

Finish with:

فِي كُلِّ لَحْظَةٍ أَبَدًا ، عَدَدَ خَلْقِهِ، وَرَضَى نَفْسِهِ، وَزِنَةَ عَرْشِهِ، وَمِدَادَ كَلِمَاتِهِ .

In every instant forever equal to the number of His created things, to His satisfaction, to the weight of His throne and the amount of ink used by His words.

- Read the following 100 times (or any other amount):

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَلَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ  
الْعَلِيِّ الْعَظِيمِ

Transcendent is Allah; all praise belongs to Allah; there is no deity save Allah; Allah is most great; there is no strength or power save by Allah, the Most High, the Almighty.

Finish with:

فِي كُلِّ لِحْظَةٍ أَبَدًا ، عَدَدَ خَلْقِهِ ، وَرِضَى نَفْسِهِ ، وَزِنَةَ عَرْشِهِ ، وَمَدَادَ كَلِمَاتِهِ .

In every instant forever equal to the number of His created things, to His satisfaction, to the weight of His throne and the amount of ink used by His words.

- Read the following once (or any other amount):

بِسْمِ اللَّهِ مَا شَاءَ اللَّهُ لَا يَسُوقُ الْخَيْرَ إِلَّا اللَّهُ  
بِسْمِ اللَّهِ مَا شَاءَ اللَّهُ لَا يَصْرِفُ السَّوْءَ إِلَّا اللَّهُ  
بِسْمِ اللَّهِ مَا شَاءَ اللَّهُ وَ مَا بِكُمْ مِنْ نِعْمَةٍ فَمِنْ اللَّهِ  
بِسْمِ اللَّهِ مَا شَاءَ اللَّهُ وَ لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ  
فِي كُلِّ لِحْظَةٍ أَبَدًا ، عَدَدَ خَلْقِهِ ، وَرِضَى نَفْسِهِ ، وَزِنَةَ عَرْشِهِ ، وَمَدَادَ كَلِمَاتِهِ .

In the name of Allah, as Allah wills, only Allah can bring good

In the name of Allah, as Allah wills, only Allah can drive away evil

In the name of Allah, as Allah wills, every blessing you have is from Allah

In the name of Allah, as Allah wills, there is no strength or power save by Allah, the Most High, the Almighty.

In every instant forever equal to the number of His created things, to His satisfaction, to the weight of His throne and the amount of ink used by His words.

- Recite Sūrat Yā Sīn (36), Sūrat al-Wāqī`ah (56) and Sūrat al-Dukhān (44)